https://www.who.int/westernpacific/emergencies/covid-19/information/covid-19-safe-schools

# COVID-19: safe schools

To help schools reopen and stay open and safe, teachers, school staff, parents and students should follow the 'do it all' approach to reduce the risk of COVID-19 transmission:

- Maintain a distance of at least 1 metre
- Keep hands clean
- Wear a mask indoors, and outdoors when physical distancing isn't possible
- Cover coughs and sneezes when not wearing a mask
- Open windows and doors to ventilate classrooms and common areas
- Get vaccinated when it's your turn
- Remember to stay home when you are feeling unwell.

Everyone can play their part to keep schools open and safe.

Above are the guidelines of the World Health Organization (WHO) in regard to keeping school safe at this time when Covid 19 is still a major health risk for all.

We fully support the "do-it-all" approach and we can only do so successfully with your cooperation.

Here are our guidelines and rules as our way of implementing the WHO guidelines and those recommended by credible health organizations:

# It begins with prevention and preparation:

- 1) Keep children at home when they are not feeling well, have colds, cough and a fever. But if able, they should be encouraged to log in and attend classes online as most of them did in the past two years. This is one advantage of a hybrid program.
- Keep children at home to attend school online when someone at home is sick or has been exposed to a close contact. They are expected to log-in and attend classes as usual.

- 3) Observe the recommended quarantine guidelines (isolation for five days according to updated references) for student illness and/or family exposure. Testing is required before sending your child back to on-site classes.
- 4) Students who test positive for Covid19 are required to submit a copy of a negative test result on the day before his/her scheduled return to on-site classes.
- 5) A student returning to school on-site after any other illness will be asked to submit a doctor's clearance.

For #1 and #2: Please inform your child's Homeroom teacher via direct message the night before or very early in the morning before classes begin. Please remember the teachers are not attending to phones during class hours.

6) Their daily essentials for school should include the following: Face masks (at least one extra clean one in the bag), hand sanitizer, wipes & tissue Extra T-shirts (one is a clean CoL Tshirt they will wear in school) Eating utensils (fork and spoon) properly labelled in their own containers Water jugs and/or water bottles. (at least 1L for Middle to High School)

For the younger age group please refer to the list of supplies for the additional extra set of clothes and underwear left in school.

### Indoor footwear:

**Clean socks** because they will wear socks inside the classroom. Shoes will be left outside the door to enhance hygiene and sanitation.

For the Lower School to Younger Middle school: child's slippers to be left in school

7) We are committed to maintaining disinfected, sanitized classrooms and toilets at the start of each day and maintained throughout the day. Your children will also be involved in keeping the classrooms and shared spaces clean.

### It continues throughout the day in school:

- 1) Every classroom will strive to be a C-19 safe bubble and space.
- Staggered schedules are prescribed for arrival in school to decongest entry as well as for dismissal and departure.
- For this schoolyear: ONLY STUDENTS AND SCHOOL STAFF will be allowed entry in classrooms.
- 4) Masks on at all times except during mealtimes.
- 5) The pre-assignment of students for hybrid on-site attendance and classrooms for this year have taken into consideration the number of students scheduled on-site that will allow for sufficient distancing.



- 6) Classroom ventilation is assured.
- 7) Meals will be eaten inside their own classrooms. This allows teachers to closely monitor safe eating practices. Additional eating spaces semi-outdoors (in front of some classrooms) are assigned to increase distancing during mealtimes.
- 8) All children must bring their own utensils from home.
- 9) Food Service for those who choose to avail will be via food carts and "delivery" to classes.
- 10) For this schoolyear, on-site inter-class interaction will be done only in outdoor areas or in the biggest rooms with group size and safe distancing planned for. Masks will be kept on.
- 11) Hand hygiene will be promoted as a habit because this has been proven to be one of the most effective practices. Supervision for this will be a priority.
- 12) All students will be taught about these safety and health practices all day, everyday until habits are well internalized.
- 13) At the end of school day, students will go directly to their vehicles or the school bus.

One day a week (Friday) most students will study online from home. Regular class schedules similar to the past two years will be implemented.

However, some students who need to work on site will be required to come to school for at least half a day if necessary.

This will also be our "extra intense disinfecting day" within the school premises.

### Vaccination

"Transmission of SARS-CoV-2 in schools can still occur. The risk may be greater for individuals and families who have chosen not to be vaccinated or are not eligible to be vaccinated."1

- 1) We strongly encourage all parents to have children aged 5 and above vaccinated. (as of August 2022). It has been shown to be protective.
- 2) For our records: We will require all vaccinated students to email screenshots of vax cards to be included in their files as health records. Indicate students' name in subject.
- 3) For our records: those who are not vaccinated must inform us in writing that your child is not vaccinated. This will also help us ensure that unvaccinated children are always properly masked at all times for their own protection.

4) All school staff members are vaccinated.

## Additional health advisory:

### "Immunizations and wellness exams

Your child should be <u>up-to-date</u> on all recommended immunizations, including the flu vaccine. <u>Routine childhood and adolescent immunizations</u> can be given with COVID-19 vaccines or in the days before and after. Getting caught up will avoid outbreaks of other illnesses that could keep your kids home from school."<sup>2</sup>

# **Contingency Measures**

In the event of a surge (Metro Manila) or high incidence of illness among students and staff members:

**The first option is to continue classes online**. That is the essence of a hybrid program as being protective, enabling and less disruptive. This has been done successfully in the past two years. **There was no interruption in COL Classes from SY2020-21 and SY2021-22.** 

Suspension of classes is always a last resort: only when absolutely necessary and it will be as brief as possible.

#### **References:**

World Health Organization. Covid-19: safe schools <a href="https://www.who.int/westernpacific/emergencies/covid-19/information/covid-19-safe-schools">https://www.who.int/westernpacific/emergencies/covid-19/information/covid-19-safe-schools</a>

American Academy of Pediatrics. Covid 19 Guidance for Safe Schools and Promotion of In-Person Learning

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DepEd Memorandum Order 030 s. 2022. Dissemination of the Revised School Safety Assessment Tool for the Progressive Expansion of the Face to Face Classes

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Centers for Disease Control and Prevention CDC. Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning, May 27, 2022.

https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html?CDC AA refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fschools-childcare%2Fk-12-guidance.html

<sup>&</sup>lt;sup>2</sup> Staying Safe in School During Covid 19. American Academy of Pediatrics https://www.healthychildren.org/English/Pages/default.aspx

### **COL@Home Rules**

#### Attendance:

Online days are school days when class schedules are to be observed. Attendance will be recorded. Students are expected to log-in ON TIME for all zoom homeroom meetings and classes.

They are expected to work asynchronously when scheduled to do so and to meet deadlines.

Teachers' Office Hours (OH) will continue to be scheduled. Individual students are encouraged to ask teachers across all subjects for help and a time to meet as needed. Students are also expected to show up for OH when assigned. Schedules are posted in Homeroom Google Classrooms.

II. In case of illness that pre-empts student participation:

Parents are required to email a medical certificate to explain student illness.

Catching up with missed lessons and submission of delayed tasks will be a joint responsibility of students and subject teachers. Parents are requested to monitor student compliance. It is important to ensure that students catch-up with missed lessons and tasks at the soonest possible time.

III. Absence due to family leisure trips will not be excused and are discouraged. We have provided you with a school calendar ahead of time so you can plan family vacations around the quarter and mid-year breaks.

### Students' Work:

Student Planners and Task Monitoring Charts (E-copies and hard copies) are to be used everyday and completed weekly. Parents are encouraged to monitor student use especially at the start of the schoolyear and check-in with your children periodically. Teachers will insert comments and "tag" students and parents by email to call attention to delays or issued that need to be addressed.

## Turning in tasks:

- 1. All completed tasks whether done in school, online or at home must still be turned into Google classrooms. Clear photos of hard copies (i.e. handwritten, drawings, artwork, models) must be turned in. This provides for complete documentation of student work.
- 2. Students must be responsible for monitoring returned tasks and seeing these through to completion.



